



# AVOCADO AND BANANA TOAST



Preparation time  
**5 minutes**



Total time  
**5 minutes**



Portions  
**2**



Difficulty  
**Easy**

## INGREDIENTS

- 1 Aurum avocado
- Loaf of bread
- 1 banana
- Lemon or lime
- Hot paprikae
- Honey or agave syrup

## PREPARATION

1. Toast the bread on one side only, on a griddle or grill. Roughly mash the avocado flesh with a fork, adding a few drops of lime juice. Spread generously on the toasted side. Distribute the sliced banana on top. Drizzle with lime juice, add chili flakes to taste, and finish each toast with a drizzle of honey.