



AVOCADO TOAST WITH WHIPPED RICOTTA AND ROASTED GRAPES WITH WALNUTS



Preparation time
10 minutes



Total time
10 minutes



Portions
2



Difficulty
Easy

INGREDIENTS

- 1 Aurum avocado
- Bread
- 2 tablespoons ricotta (or soft cottage cheese)
- 6-8 purple grapes
- Chopped walnuts
- Extra virgin olive oil
- Salt, pepper
- Finely grated lemon zest

PREPARATION

1. Roast the grapes: place them in a pan for 5 minutes with a drizzle of extra virgin olive oil and a pinch of salt until they wrinkle slightly.
2. Mash the avocado with a little salt, pepper, and a few drops of lemon juice.
3. Whisk the ricotta with a pinch of salt (just a few seconds with a spoon) to make it creamier.
4. Assemble the toast: a layer of ricotta, avocado on top, roasted grapes distributed evenly, and a sprinkle of chopped walnuts.
5. Finish with a drizzle of extra virgin olive oil and lemon zest.